

**Woche 5 vom: 24.07.- 28.07.**

<b>Montag 24.7.</b>	<b>Dienstag 25.7.</b>	<b>Mittwoch 26.7.</b>	<b>Donnerstag 27.7.</b>	<b>Freitag 28.7.</b>	
	09:00 Vinyasa Power Yoga Basic  Tanja		08:30 Pilates  Jenny	9.00 Vinyasa Flow Yoga Level 1-2  Tanja	
	17.30 Vinyasa Flow Yoga Basic  Tanja		09:45 Mama Baby Pilates  Jenny		
17:30 Schwangeren Yoga  Tanja	18.45 Rückenfit  Tanja	17.00 Vinyasa Flow Yoga Basic  Jule			
18:45 Vinyasa Flow Yoga alle Level  Conni	20.00 Pilates  Katrin	18.15 Vinyasa Flow Yoga Level 1-2  Tanja	<b>17:30</b>  Pilates  Katrin		
20:15 Vinyasa Flow Yoga Level 1-2  Isabelle		20:00 Rücken Yoga Tanja	19.30 Vinyasa Flow Yoga alle Level  Jule		

**Woche 6 vom: 31.07.- 04.08.**

<b>Montag 31.7.</b>	<b>Dienstag 01.8.</b>	<b>Mittwoch 02.8.</b>	<b>Donnerstag 03.8.</b>	<b>Freitag 04.8.</b>	
	09:00 Vinyasa Power Yoga Basic  Tanja		08:30 Pilates  Jane	9.00 Vinyasa Flow Yoga Level 1-2  Tanja	
	17.30 Vinyasa Flow Yoga Basic  Tanja		9:45 Mama Baby Pilates  Jenny	13:00 Rücken Yoga  Tanja	
17:30 Schwangeren Yoga  Steffi	18.45 Rückenfit  Tanja	17.00 Vinyasa Flow Yoga Basic  Jule			
18:45 Vinyasa Flow Yoga alle Level  Conni	20.00 Pilates  Katrin	18.15 Vinyasa Flow Yoga Level 1-2  Tanja	<b>17:30</b>  Pilates  Katrin		
20:15 Vinyasa Flow Yoga Level 1-2  Isabelle		20:00 Rücken Yoga Tanja	19.30 Vinyasa Flow Yoga alle Level  Jule		